

For Travel Agent Only

# Touch the Real

## - Special Gastronomy Tour -

Have you ever eaten "REAL" Japanese cuisine? Japan is one of the gastronomic cities in the world as known that there are lots of specialized and segmentalized foods, Kaiseki, Sushi, Sashimi, Tempura, Yakitori, Ramen, Udon (noodle), Soba (noodle), Sukiyaki, Shabu-Shabu, Teppanyaki, etc., in Japanese cuisine.

In Japanese cuisine, the keynote is "HEALTHY" and freshness of the ingredients is highly respected. Generally, ingredients, such as grains, vegetables, beans, fruits, seafood, and poultry have been used, but not dairy products. The use of seafoods and soybean products is a distinguishing character, and the character is regarded as low fat and high salt.

In order to get you know/touch the real Japanese cuisine here in Japan, "Special Gastronomy Tour" is offered to you at this time!!! It would be a great opportunity to know Japanese food culture such as cooking method, cutting technique, ingredients and its distribution well by traveling in Japan.



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